



Art takes to the streets

From sticker bombing to coloured padlocks, street art is everywhere in Saskatoon PAGE 2

NEW SEASON IN BO'S BOOTS

ANNA SILK SLIPS WITH EASE BACK INTO
HER ROLE IN LOST GIRL PAGE 8



SASKATOON

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Monday, June 25, 2012



News
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Valkyries fans celebrate their team's 56-0 blowout of the Manitoba Fearless during the Western Women's Canadian Football League's Prairie Conference semifinals at Griffiths Stadium in Saskatoon on Sunday.

DORIAN GEIGER/METRO

Egypt elects Islamist

The Muslim Brotherhood's Mohammed Morsi was declared the winner Sunday in Egypt's first free presidential election PAGE 3

A very berry salad

Berry-yogurt dressing gives this dish added zip

PAGE 11



Italy's secret? Penalty kicks

Italy passes through to Euro 2012 semifinals with a 4-2 win in a shootout, following a 0-0 tie with England

PAGE 14

Undefeated Valkyries see rise in fan base

Women's football.

Home team faces Regina Riot in WW CFL Prairie Conference finals July 8



DORIAN
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Following the Saskatoon Valkyries' 56-0 trampling of the Manitoba Fearless during a playoff bout at Griffiths Stadium Sunday, it was evident that the women's football team has expanded its fan base beyond just family and friends in the city.

Cowbells rang out and fans brandished green wigs and face paint as the Valks steamrolled the opposition to advance to the Western Women's Canadian Football League's Prairie Conference finals.

"It's awesome," said Nancy Knight, who was witnessing her very first Valkyries game.

"It's a great day to be out. I

think it's about time Saskatoon had a women's football team. The participation from the other province is awesome and I think it's great for women's football. I wish I could be out there joining them."

In a football-saturated province like Saskatchewan, attracting fan support is easy, especially if a team can regularly find the win column.

And the Valkyries haven't had an issue in that department this season, nor last. In fact, the Valkyries have yet to lose a game in the team's history. After back-to-back 40 season records, the Valkyries are proving to be one of the most dominant teams the WW CFL has ever seen.

Tristan Boschman is another Valkyries fan who has been captivated by the city's women's football scene.

"They're doing an outstanding job. The athleticism of these women is remarkable," said Boschman.

Valkyries head coach Jeff Yausie was pleased to show off

his team to Saskatoon fans for a home playoff game.

"We're excited about having the chance to play at least one playoff game at home. These home games are important to us and it's fun to get out and play in front of friends and family," said Yausie.

While the Valkyries' winning streak has been the focal point of their season, the team's ever-increasing fan base has also quietly improved.

"I think it's a little bit better (this season). It was great last year. Fan support has been really good," said Yausie. "I think the league has recognized that we have great fan support by allowing us to host the league championship game and we're excited to do that."

The Valkyries return to Griffiths Stadium on July 8 when they face off with the Regina Riot in the WW CFL Prairie Conference finals. Regardless of whether the Valkyries advance to the league finals, the championship game will take place in Saskatoon on July 14.

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NEWS

On the web

Secret
behind the
Timmys
temptation

Coffee lovers are all too familiar with that satisfying moment — the first sip of a freshly brewed cup — but for the lead coffee taster at Tim Hortons, that borderline euphoric sensation has become a lifestyle. Go to metronews.ca to find out how Tim Hortons makes its signature cup of joe.

Someone's
been
sleeping in
my garage?

A mama bear comes to the rescue of her adventurous cub after he became trapped in a U.S. garage over the weekend. Go to metronews.ca to watch the video.

Mobile news



At unconventional get-togethers, hosts ask guests to submit a slept-in T-shirt that will be smelled by other participants. Then, voila! You can pick your partner based on scent. Scan the code to find out how you can sniff out your true love.

How an electrical box becomes art

Taking root. Street art is a growing medium now found all around the downtown core



DORIAN GEIGER

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You don't have to visit a gallery or exhibit to view Saskatoon's fastest-growing new popular artistic medium.

Street art can be found everywhere in Saskatoon's downtown core, near Broadway Avenue and anywhere there's a high volume of foot traffic. From purple cheetahs sticker-bombed on electrical boxes and coloured padlocks attached to bridge guard rails, to sticker images celebrating Saskatoon celebrity Sailor Dan and others ridiculing local political figures, street art is inescapable.

Most people think of graffiti when they hear of street art, but one Saskatoon street artist, who would prefer to stay anonymous, says the term doesn't necessarily mean graffiti or tagging — it encompasses a plethora of different mediums.

"There's the obvious traditional medium of graffiti, which would be tagging and lettering in large fonts. And then there are the other levels: Sticker bombing — putting artwork and designs on stickers and placing them in interesting locations, installation pieces and poster art like wheat pasting," said the Saskatoon street artist.

While there are "healthy street art" locations in the city that offer a public space for street artists, such as the wall at the corner of Warman Road and 33rd Street, some still dismiss street art as vandalism.

The street artist said this is a misconception that couldn't be further from the truth.

"I like to make my city look



An electrical box near Spadina Crescent in downtown Saskatoon displays the work of some of the city's most avid street artists, including the recent sticker bombing sensation, The Fooser Is Loose. **DORIAN GEIGER/METRO**

good and if you can add something subtle to neglected parts of the city I think you're doing community a favour," he said.

He said he targets objects in public, not private, spaces and ones that are visually unappealing, such as garbage dumpsters or electrical boxes.

Some recent sticker bombs splattered across the city's power boxes, the back of signs and garbage dumpsters are The Fooser Is Loose and The Fooser Is Looser designs. "I thought it was a really good quip. It's not actively associated with advertising so it leaves you guessing

a little bit more. I thought they were a really interesting piece. They were in quantity enough if you had half an eye for it you'd be hard-pressed to miss them," said the street artist.

Learn more about the vibrant street art scene at Saskatoonstreets.com.

Orange unite for NDP convention

Highlight

"The highlight for me was seeing all the new, young members. Very much of the agenda was about issues that have been brought forward by Saskatchewan young democrats and university-aged people."

Interim Saskatchewan NDP leader John Nilson

"The real positive part of

Romanow's speech ... he ended off on the future of Medicare in Canada and how important it is to Canadians as being a part of who we are," said Nilson.

More than 50 resolutions were debated by delegates, with the creation of the Cultural Diversity Committee being one of the most notable. The committee will provide a forum for visible minorities and new Canadian members of the NDP.

Nathan Baker, a young NDP supporter, was happy to hear federal leader Mulcair speak.

"The weekend was very exciting," said Baker. "He

(Mulcair) really assured us he's trying to lead the country in a more forward direction away from what Harper is trying to do and what is being reciprocated by Conservative movements in each of the provinces."

The convention elected Cory Oxelgren of Regina as the new president of Saskatchewan's New Democratic Party. Nilson will remain interim leader for Saskatchewan's NDP until the leadership race kicks off Sept. 4.

Saskatchewan's new NDP leader will be elected in Saskatoon at TCU Place on March 9, 2013. **DORIAN GEIGER/METRO**

Arrests

Three teens face assault charges

At approximately 2:30 a.m. Sunday, Saskatoon police were called to an aggravated assault in the 1800 block of 17th Street West.

Police found a 44-year-old male with serious injuries to his head and face. The canine unit led officers to three individuals at an intersection at 17th Street and Avenue North.

A 16-year-old male, 17-year-old male, and 15-year-old female face charges of aggravated assault. **METRO**

Entry drafts

Blades' players drafted to NHL

The Saskatoon Blades had a successful weekend at the NHL's Entry Draft in Pittsburgh. Blades forward Lukas Sutter went in the second round, 39th overall to the Winnipeg Jets, while his Saskatoon counterpart, Dalton Thrower, a Blades defenceman, was selected 51st overall in the second round by the Montreal Canadiens. **METRO**

Summer concerts

Feet tapping as jazz fest kicks off

The Sasktel Saskatoon Jazz Fest kicked off Friday with a lot of excitement.

California's Michael Franti Friday show was described as a "Reggae Beach Party," while Feist sang for hundreds of fans on the lawn at the Bessborough on Saturday.

At the Broadway Theatre, the Wayne Shorter Quartet and Saskatoon's Dean McNeil with his Septet had jazz fans young and old tapping their feet.

The jazz fest runs all week. **METRO**

Drafting

Saskatchewan a pick for the NHL

Seven Saskatchewan-born players were drafted to the NHL on Friday.

Saskatchewan darling Ryan Murray was drafted to the Columbus Blue Jackets and Derrick Pouliot is heading to the Pittsburgh Penguins. Damon Severson and Regina's Graham Black were drafted to play for the New Jersey Devils.

From Saskatoon, Regina Pats forward Chandler Stephenson was chosen by the Washington Capitals and Taylor Leier was drafted to the Philadelphia Flyers. Tyrel Seaman, from Choiceland, was also drafted to the St. Louis Blues. **METRO**



Prime Minister Stephen Harper speaks in Quebec Sunday. CLEMENT ALLARD/THE CANADIAN PRESS

Harper's Tories would work with the PQ if they're elected

Quebec. Harper's industry minister says the feds and Quebec would find 'common ground' if PQ wins the next election

Prime Minister Stephen Harper's Quebec lieutenant says the Conservatives are prepared to work with whoever is in power in the province — including the sovereigntist Parti Québécois.

Industry Minister Christian Paradis says the Harper government and Quebec have common interests and would find common ground if the PQ won the next provincial election.

The PM's chilled relationship with Quebec has been under increased scrutiny since The Canadian Press revealed his recent secret meet-

ings in Montreal with former prime minister Brian Mulroney and Liberal Premier Jean Charest.

Harper went to them for advice on the national unity issue — which some fear could rise again if the Parti Québécois unseat Charest's unpopular Liberals.

Harper and Paradis were at a celebration near Quebec City Sunday for the province's annual Fête nationale.

Relations have been stormy between the Conservatives and the Charest Liberals lately, and there's worry that things would only get worse under the PQ.

Charest confirmed to reporters that he had met Harper recently, but wouldn't say what about.

He said Quebecers would have a chance to give feedback on the Conservative government when they vote in the next federal election.

THE CANADIAN PRESS

Quebec politics

The Conservatives are trying to revive flagging Tory fortunes in Quebec, where the party won just five of 75 federal seats in the last election.

- Premier Charest confirmed to reporters today that he had met Harper recently, but wouldn't say about what.
- NDP Leader Thomas Mulcair called the meeting with Mulroney another sign that Harper is out of touch with Quebecers.
- PQ Leader Pauline Marois said Harper should be concerned because Quebecers are fed up with a federal government that doesn't represent their interests.

Islamist Morsi wins Egypt's first free election

Islamist Mohammed Morsi was declared the winner Sunday in Egypt's first free presidential election in history, closing the tumultuous first phase of a democratic transition and opening a new struggle with the still-dominant military rulers who recently stripped the presidency of most of its powers.

In Tahrir Square, the birthplace of the uprising that ousted autocratic president Hosni Mubarak, joyous Morsi supporters wept and knelt on the ground in prayer as soon as they heard the outcome announced on live television. They danced, set off fireworks and released doves in the air in celebrations not seen in the square since Mubarak was forced out on Feb. 11, 2011.

Many are looking now to see whether Morsi will try to take on the military and wrestle

Road to recovery

"The revolution passed an important test. But the road is still long."

Yasser Ali, Mohammed Morsi's campaign spokesperson

back the powers they took from his office just one week ago. "I pledge to be a president who serves his people and works for them," Morsi said on his web page. "I will not betray God in defending your rights and the rights of this nation."

Left on the sidelines are the liberal and secular youth groups that drove the uprising against Mubarak, left to wonder whether Egypt has moved towards becoming an Islamist state. Some grudgingly supported Morsi in the face of Ahmed Shafiq, who was Mubarak's last prime minister, while others boycotted the vote.

Morsi will now have to reassure them that he represents the whole country, not just Islamists, and will face enormous challenges after security and the economy badly deteriorated in the transition period.

Pro-democracy leader Mohammed ElBaradei urged unity after the results were announced. "It is time we work all as Egyptians as part of a national consensus to build Egypt that is based on freedom and social justice," he wrote on his Twitter account.

The elections left the nation deeply polarized with one side backing Shafiq, who promised to provide stability and prevent Egypt from becoming a theocracy. Because of his military career, many saw him as the military's preferred candidate.

THE ASSOCIATED PRESS



Egyptian protesters celebrate the victory of Mohammed Morsi in Tahrir Square in Cairo Sunday.

KHALIL HAMRA/THE ASSOCIATED PRESS

Demonstration

Israeli activists arrested after alleged clashes with police

Israeli police say 85 protesters were arrested after clashing with officers and vandalizing banks in Tel Aviv.

The demonstrators

had gathered Saturday night to protest the arrest of 12 social activists a day earlier. Some blocked main roads and scuffled with police.

Police say others shattered windows on five banks. Media reported that in one case, protesters charged inside a bank and planted a tent, the symbol of social protests that swept the country last summer.

Police spokesman Micky

Rosenfeld says police made the arrests to prevent looting. He estimated there were 1,500 demonstrators in the protests, though media reports gave a number four times higher.

Activist leader Daphni Leef accused police of brutality, saying officers bruised and humiliated her when they detained her Friday. She was released on bail.

THE ASSOCIATED PRESS

Enclave

Delay ouster of illegal West Bank settlers: Israel

The Israeli government has asked the Supreme Court to delay the dismantling of an illegal Jewish settlement enclave in the West Bank for seven months.

The government had pledged to evict the two dozen families living in the Givat Assaf settlement outpost by July 1.

The outpost was built without official authorization and was constructed on privately held Palestinian land. Israel considers this illegal, even as it approves construction on other captured territory.

In its petition to the

court, the government says it has "significant new information" about Givat Assaf that requires exploring. It did not elaborate.

But the Maariv newspaper reported Sunday that the military has discovered old documents that contradict Palestinian claims to owning the land. The Palestinians want all of the West Bank for their future state.

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Wildfire spreads in Colorado

A giant plume from the Waldo Canyon fire hovers high above Garden of the Gods near Colorado Springs on Saturday. The fire is zero per cent contained and has consumed 2,500 acres. Voluntary and mandatory evacuations were taking place across the west side of Colorado Springs. Tankers were dropping fire retardant in front of the advancing flames.

BRYAN OLLER/THE ASSOCIATED PRESS

Rescue team looks for victims in mall roof collapse

Ontario. Police hindered in search by unsafe conditions

At least two people were trapped in a labyrinth of twisted metal and heavy concrete slabs as crews worked around the clock to stabilize the scene of a roof collapse at a mall in the northern Ontario city of Elliot Lake on Sunday.

Officials suspect one of those imprisoned "could be a casualty," but they said it would take another ten to 12 hours before the structure was deemed safe enough for search and rescue teams to go in.

Ontario Provincial Police said images of the partially collapsed roof at the Algo Centre

Mall, which served as a parking lot, showed a hand and a foot in the dusty debris.

"We have obtained some visual information relating to a visual of a hand and a foot, which is our grounds for the suspected casualty in this case. We cannot confirm the identity," said provincial police Insp. Percy Jollymore.

"The location is such that we cannot approach it at this time."

Officials also said they heard some taps coming from behind fallen slabs of concrete and metal. "Some of our search members this morning heard a couple of taps," said Bill Needles, a spokesman from the Toronto Heavy Urban Search and Rescue team.

"They called for a quick silence on the site and there was

a couple more taps. That was an indication to us that we were dealing with a rescue," he said.

"We then turned our whole efforts towards trying to locate this individual. There was no verbal, there was no sight, we have no idea if it's male, female, what age, it was just a tap."

Needles said crews drilled through a wall in an attempt to locate the victim but weren't able to find anyone. At that point crews found the site was too unstable to send in rescue workers.

The operation is still a rescue mission though, and officials said they're still hoping to find people alive.

Police said at least nine people remained unaccounted for, but insisted that number was fluctuating.

THE CANADIAN PRESS

NATO to mull response after Syria shoots down jet

NATO ambassadors will discuss this week whether to respond to Syria's downing of a Turkish jet in what Turkey insists was international airspace, although the likelihood of any military action by the alliance is low. The plane's downing has further hiked regional tensions over the conflict in Syria, where some 40 people were said to have died Sunday in new clashes between rebels and regime forces.

The jet's wreckage was found in the Mediterranean at a depth of 1,300 metres, Turk-

ish state media reported Sunday. The two pilots remain unaccounted for.

Turkish Foreign Minister Ahmet Davutoglu said the jet was on a training flight to test Turkey's radar capabilities, not spying on Syria. He said the plane mistakenly strayed into Syrian airspace Friday, but was quickly warned to leave by Turkish authorities and was a mile inside international airspace when it was shot down off the coast of Latakia.

Syria insisted Saturday that the shooting was "not an at-

tack" and that the aircraft had violated its airspace. But Turkish authorities say Syria didn't warn the Turkish plane nor send its own jets to confront it. Turkish Prime Minister Recep Tayyip Erdogan was expected to make a statement Tuesday and might announce some retaliatory steps.

"No one should dare to test Turkey's capabilities," Davutoglu said Sunday.

Meantime, at the request of Turkey, NATO's governing body will meet Tuesday to discuss the incident, said Oana Lungescu, a

NATO spokeswoman. The consultations were called under article 4 of NATO's founding Washington Treaty.

"Under article 4, any ally can request consultations whenever, in the opinion of any of them, their territorial integrity, political independence or security is threatened," Lungescu said. The North Atlantic Council — the ambassadors of the 28 NATO countries — will decide whether to respond, she said.

The last time article 4 was invoked was nine years ago — also by Turkey — after tensions

with neighbouring Iraq escalated. However, that case did not lead to the invocation of article 5, which declares that an attack against any single NATO country shall be considered as an attack against them all.

Despite some opposition leaders' calls for Western military intervention, the U.S. and allies have been hesitant to get involved in what could prove a protracted conflict, preferring the diplomatic route. Syrian allies Russia and China stridently oppose military intervention.

THE ASSOCIATED PRESS

Clash

- Syria's state-run SANA news agency says gunmen from Turkey clashed with Syrian border guards, and said several infiltrators died in the Saturday clash.
- Turkey denies sheltering armed Syrian rebels, although many Syrian refugees have fled to camps on the Turkish side of the border.



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New duty-free rules tempting Canadian cross-border shoppers

Survey numbers.

Majority polled said they planned to spend more while stateside, but the changes have been criticized by Canadian shop owners

Canadians are in a U.S. shopping state of mind this summer thanks to changes in regulations that allow them to buy more without paying duty, a new survey suggests.

The Canadian Press-Harris Decima poll on relaxed cross-border shopping limits that went into effect June 1 found a large majority in favour of the changes — and 54 per cent of those planning a trip stateside said they intended to spend more.

Additionally, four in 10 said they were likely to purchase more duty-free goods.

The telephone survey of 1,000 was conducted between

June 14 and 18 and is considered accurate by plus or minus 3.2 percentage points, 19 times out of 20.

As outlined in the March budget, the duty-free threshold on stays longer than 24 hours rose to \$200 from \$50 beginning this month.

The limit on stays longer than 48 hours increased to \$800 from the current two-tiered levels of \$400 and \$750, depending on the length of stay.

In the poll, seven in 10 Canadians said they supported the higher duty-free limits, and eight of 10 of vacationers to the U.S. backed the changes.

The changes have been criticized by the Retail Council of Canada as just one more blow to merchants who cope with higher costs and must compete with U.S. competitors that often get a better deal from suppliers.

With the new rules in place for a little more than three weeks, it is still too ear-

Economic impact

"Cross-border shopping tends to be downplayed by officials and the impact on the Canadian economy, but I do think it's quite significant."

BMO economist Doug Porter, who says today's shoppers would likely realize somewhat fewer savings because the loonie has dropped below parity in recent weeks

ly to determine if Canadians have stepped up their shopping habits, said Karen Proud of the Retail Council. But she believes there will be an impact on retailers.

A comparison study published by the Bank of Montreal in April estimated that Canadian store owners lose about \$20 billion a year to cross-border shopping, although with many shoppers not reporting purchases, the exact worth of cross-border shopping is difficult to calculate. **THE CANADIAN PRESS**



Breastaurants booming

Valerie Chaira carries lunch from the kitchen at the Tilted Kilt, in Tempe, Ariz., in this May 16 file photo. The Tilted Kilt is part of a booming niche in the beleaguered restaurant industry known as breastaurants, or sports bars that feature scantily clad waitresses. These small chains operate in the tradition of Hooters, which pioneered the concept in the 1980s but has struggled in recent years to stay fresh. The United States' top-three "breastaurant" chains behind Hooters each had sales growth of 30 per cent or more last year, according to Technomic, a food-industry research firm. They still represent less than one per cent of America's top restaurants, but the upstart chains are benefiting as other mid-priced options such as Applebee's and Bennigan's have experienced declines during the economic downturn. Instead of relying on lust alone, the new crop of restaurants is growing by offering new themes (think: rustic lodges and Celtic pubs) and varied menus (think: pot roast and shepherd's pie instead of just burgers and wings). In other words, they're hoping maybe people really are coming in for the food.

MATT YORK/THE ASSOCIATED PRESS

Oversight. Feds reject economist's anti-crisis prescription

The Harper government has firmly rejected a McGill University economist's prescription for surviving the next financial meltdown.

A newly released briefing note shows Christopher Ragan's proposal to strengthen oversight of the Canadian economy went all the way to Stephen Harper, himself a former economist.

The distinguished economist said a high-level Finance Department group, known as the senior advisory committee, needs to be restructured to give the governor of the Bank of Canada more input and to ensure the Canada Mortgage and Housing Corp. is a permanent member.

Ragan says the non-legislated body served Canada well during the 2008-09 global meltdown, but may be blind to the next financial disaster — and the country should not become complacent because of past success.

A Feb. 22 memo to Harper shows the suggestion was given serious consideration — but ultimately rejected in favour of the status quo. **THE CANADIAN PRESS**

HARD TRUTH COMES OUT DURING COMMISSION'S VISIT



URBAN COMPASS
Paul Sullivan
saskatoon@metronews.ca

I have to be very careful when writing about this. "This" is the Truth and Reconciliation Commission's visit to Saskatchewan this weekend, an attempt to seek the truth about

the 20,000 Saskatchewan aboriginal people who were rounded up and sent to residential schools throughout the 20th century.

The last residential school closed in 1996, ending the darkest chapter of our history. But it's not really over as it will take First Nations generations to overcome the impact these concentration camps had on their people, if they ever do.

I have to be very careful, because I have no idea what it's like.

To be a child, forcibly removed from my home and family and sent to a place where they won't let me speak my native language and call me a savage.

Where I'm forced to watch as priests and ministers fill their bellies with good food and fresh fruit while I'm forced to eat crummy oatmeal.

Residential schools

You know it's true, because the Truth and Reconciliation Commission's vast research and documentation says it's true, but most of all because real people who were taught to feel shame for the abuse and torture they suffered could not make any of this up.

Where I am forced to thank Jesus for giving me an education even though I'm a savage or a squaw. Even though that education trains me only to be a servant of my masters.

Where I'm beaten and sexually abused by some monster pretending to be a holy man and there's nothing I can say, no one who will help me.

Where I am sterilized.

Where I die from that beating or tuberculosis or infection and am buried in an unmarked grave only to be dug up some day as a sad little pile of bones and buttons.

See why I have to be careful?

If any of this had happened to me or my family or other members of my family, how could I ever become reconciled and move on?

These nice people come to my community and apologize and offer compensation, and a respectful audience, yet this is the kind of atrocity that calls out for 1,000 years of vengeance.

How could I ever be reconciled? How could I ever forget or forgive?

Yet, that's what's happening. The Survivors come out of the shadows and tell their stories, hair-raising, tragic, horrifying and true. You know it's true, because the Truth and Reconciliation Commission's vast research and documentation says it's true, but most of all because real people who were taught to feel shame for the abuse and torture they suffered could not make any of this up.

Yet many are prepared to become reconciled, to move on, to be healed. Perhaps even to forgive.

What right do we have, what have we done, to deserve such a miracle in our midst?

Worth mentioning

'It's not about quality anymore,' former ecstasy dealer says

More than a decade after closing his do-it-yourself ecstasy shop, Kevin, whose name has been changed as a result of his request not to be identified, was among the first to introduce the popular rave drug to Calgary.

After one incident where some of his customers got sick, he pledged to always try the product first.

Now, he turns up his nose at today's black-market

ecstasy. Police say the colourful candy-like pills sell for as low as a few bucks, and are pumped out by gangs often thousands at a time.

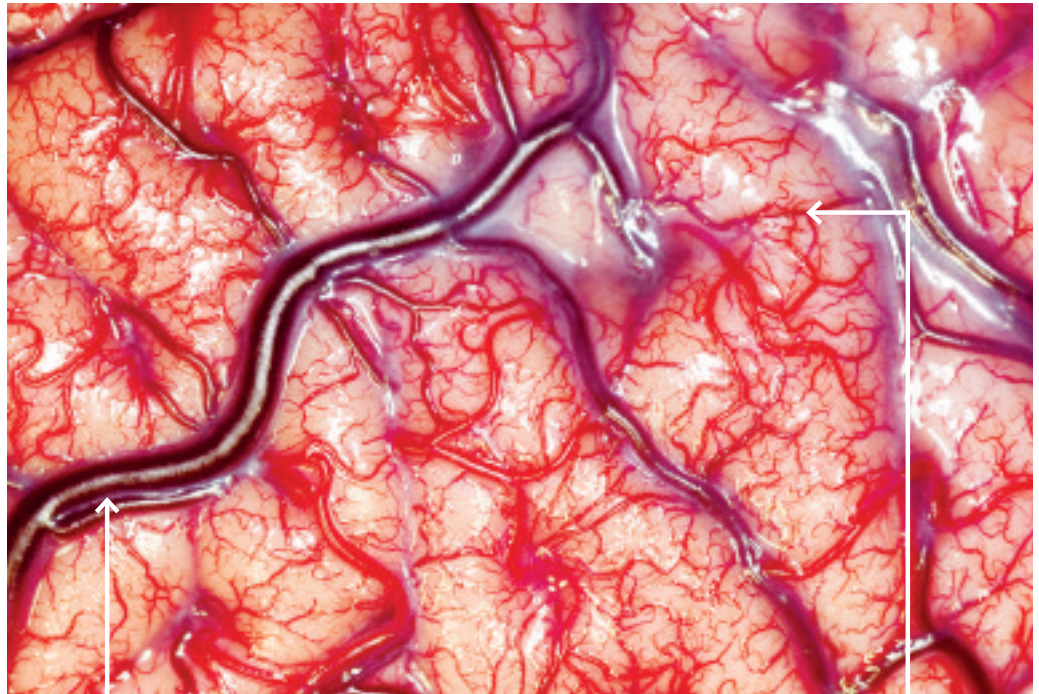
"Everyone and their dog can buy (the pressed pills). You can buy a press online. Anybody can do it. It's not about a designer drug anymore, it's not about the quality anymore," Kevin said.

"They're pink and they're purple and they're green and it's like, what the hell are you hiding?"

He said today's drug pushers don't care what they're selling or who they're selling it to — all that matters is the money.

THE CANADIAN PRESS

It's all in your head



ROBERT LUDLOW/UCL INSTITUTE OF NEUROLOGY

Photography awards

Image of living brain wins contest

A close-up shot of a living human brain has been announced as the overall winner in this year's Wellcome Image Awards, a prestigious competition that celebrates medical photography.

Taken during a surgical procedure to treat a patient with epilepsy, the image shows "the beauty and fragility of this enigmatic organ," a Wellcome spokesperson says.

METRO

Official's viewpoint



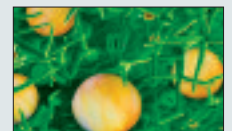
"Here you can see the vibrant richness of colour you'd never see when the brain is hidden inside our skulls or when it's dead in a jar."

Catherine Draycott, head of Wellcome Images and a member of the judging panel

Cerebral photography

- **Judge's description.** "The arteries are bright scarlet with oxygenated blood, the veins deep purple and the 'grey matter' of the brain a flushed, delicate pink," judge Prof. Alice Roberts said.

- **How the photo was shot.** Taken before an "intracranial electrode recording procedure," in which a flexible electrode grid was placed on the brain's surface for two weeks to monitor its activity. The surgeon then used the recordings to find problem areas of the brain to be removed.



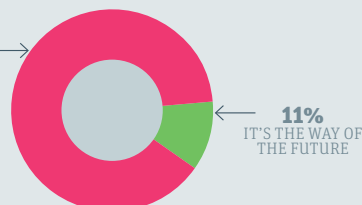
- **Medical photography.** Photographers have to work around medics with no control over lighting, et cetera. "The conditions are controlled for the surgeon, not the photographer," Draycott notes.
- **Secret to success.** Draycott points to the "easily identifiable human factor" as key to the winning image. Other images included close-ups of a moth fly and a lavender leaf (pictured).



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@TravelDiaries: Beautiful day in #Saskatoon. Little bitter about the gas being 20 cents/litre cheaper than in Vancouver though.

@kozmo1033: The #ukrainian wedding last night was a great time w/ great dancing and great rum! #saskatoon.

@Saskajules: Saskatoon is a little lonely on

HootSuite University. Guess I'm the only Certified Owl here #yx.

@jeffdotca: Have you walked/biked/drove thru Saskatoon today? Amazing! Saskatoon is the greatest city in Canada! #yx.

@hailstorm86: This has been a wonderful weekend in #Saskatoon! Beautiful weather, awesome people, and so relaxing! #lovinglife

2

SCENE

Box office

**Brave
wins over
theatres**

A new Disney princess has ascended to the box-office throne with a No. 1 debut for Pixar Animation's *Brave*. The latest from the makers of *WALL-E*, *Finding Nemo* and the *Toy Story* movies opened with \$66.7 million domestically, according to studio estimates Sunday. The 20th Century Fox action tale *Abraham Lincoln: Vampire Hunter* opened far back at No. 3 with \$16.5 million, behind *Madagascar 3: Europe's Most Wanted*. DreamWorks Animation's animated *Madagascar* sequel had been No. 1 for two weekends and added \$20.2 million to raise its domestic total to \$157.6 million. The weekend's other new wide release, Steve Carell and Keira Knightley's apocalyptic romance *Seeking a Friend for the End of the World*, misfired with just \$3.8 million, debuting at No. 10. The Focus Features film, playing in much narrower release than other top-10 movies, stars Carell and Knightley as heartbroken neighbours on a road trip as a killer asteroid hurtles toward Earth. Woody Allen's Italian romance *To Rome with Love* pulled in huge audiences in limited release, debuting with \$379,371 in five theatres.

THE ASSOCIATED PRESS

On the web



R&B singer Maxwell cancels short summer tour due to vocal cord edema and hemorrhage

Anna Silk plays Bo, the heroine of *Lost Girl*. HANDOUT

Anna Silk stays smooth in her role as *Lost Girl*'s Bo

Third season. Actress had her doubts about playing a 'sex creature,' but now is excited to further explore the world of the Fae

STEVE
ERAMO
scene@metronews.ca

There is some tension this particular Thursday afternoon in May on the Toronto set of *Lost Girl*, but happily it is all of a fictional nature. Our heroine, Bo, who has been injured and looking none-too-well, is having a difficult time trying to convince her crime-fighting allies that they need to change strategy when it comes to catching the baddie of the week. She finally succeeds in persuading her ex-lover and police detective Dyson to go along with her plan, much to the chagrin of his colleague.

"Cut! That was great," says director Ron Murphy.

This above scene is from one of the hit supernatural show's third season episodes. For those unfamiliar with *Lost Girl*, the series follows the adventures of

Bo, a Succubus (a supernatural being who feeds off the sexual energy of others) and member of a race of uber-humans known as Fae.

Having walked in Bo's leather boots for two seasons and now a third, actress Anna Silk is a perfect fit for the role, even though she initially had some doubts about the project.

"When I originally received the (pilot) script, I read the tagline for it, which was something like, 'Supernatural sex creature who needs sex to survive,' and I thought, 'Yeah, right. What the heck is this?' recalls Silk. "Then, however, I read the script, which was written by (series creator/executive producer) Michelle Lovretta, and discovered that she wrote this really complex, cool, female lead character who is a sexual creature but in the most vulnerable sort of way."

Although it aired halfway through the show's first season, episode eight was, in fact, *Lost Girl*'s pilot episode and the first thing ever filmed for the series. Silk still remembers working on it as if it were yesterday. "We had 10 days to film the pilot, which was a luxury because we don't have that many days now to shoot an episode," jokes the

actress. "The pilot is quite special to me. We filmed it about a year before we went to series, so if you watch it, we all look a little different. We're wearing less make-up and the tone of the show is somewhat darker. I still think it's one of our greatest episodes and I love the grittiness of it."

"When it comes to the actual filming, I think what stands out the most in my mind is probably the fight scene I did in the bathroom where the creature puts me in the tub. That was an entire day of shooting and the fight itself was really intense as well as fun. I thought, 'Wow, so this is what I'm in for — some pretty cool stuff.' It was just a fantastic experience overall. I also remember I spent my birthday shooting a nude scene, covered in fake blood and lying on top of Kris Holden-Ried [Dyson]. So that's another good memory from the pilot."

Born in Fredericton, New Brunswick, the actress is the daughter of Ilkay Silk, a prominent actor, director, producer, playwright and educator in Fredericton, so it is no surprise that she became interested in performing at a young age. She did, however, take a detour or

two before seriously deciding to pursue an acting career.

"I went to an art college for a year after high school and it turned out I was pretty bad at that," laughs Silk. "From there I went to university. I have a psychology degree and loved learning, but it was during my time at university that I realized I really wanted to be an actor."

Prior to *Lost Girl*, Silk appeared in a number of made-for-TV movies as well as guest-starred on such series *Mutant X*, *Missing*, *Angela's Eyes*, *Til Death Do Us Part* and *Ghost Whisperer*. Of all her small screen roles, two remain especially memorable to the actress.

"I really loved the way that they wrote my character of Cassidy on (the TV show) *Being Erica*," she says. "She turned out to be a very popular character and I enjoyed the real relationship that they created between Erica (Erin Karpfuk) and Cassidy."

"Honestly, I've been fortunate enough so far to do a number of really cool things as an actress, including *Bo* ... I love the fact that she resonates with so many people. Also, the Fae world is so vast. We have so much still to explore about it,"

Being Bo

Anna Silk interprets her character in *Bo* as both sensitive and vulnerable.

- "Because I really made Bo my own in the audition process, the show's writers and producers responded to that and very much tailored the character to me, which is a total gift," she says. "What I responded to in *Bo* and what I identified with was her vulnerability, her sensitivity, her fear and having to be really strong and tough despite all of that."

enthuses Silk.

"It's funny, I was one of a very small group of people in the honours program throughout university, and we were all expected to go on and do masters and doctorates."

"When I finished the program, my advisor asked me what I was going to do next, and I said, 'I'm going to move to Toronto and pursue acting.' He was like, 'Good for you.'"

"So that's what I ended up doing."

The Word

Cee Lo's pet peeves

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Last season on *The Voice*, Cee Lo's sidekick, Purrfect the evil-faced cat, was quite the hit, lending the judge a funky Dr. Evil-meets-Lewis Carroll swagger.

But animal rights activists aren't so psyched for his new

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

on-air companion, a Moluccan cockatoo named Lady.

"Moluccan cockatoos are beautiful, intelligent animals but they are very challenging to care for especially in the

long term, and are prone to considerable welfare problems," Monica Engbretonson of advocacy organization Born Free tells TMZ, citing concerns that ill-prepared fans will buy

the notoriously difficult pets. "Many Moluccan cockatoos develop self-destructive behaviour including feather plucking and self mutilation not known to occur in the wild."

Poor Lady! Reality TV is the most oppressive captivity known to man, and can cause feather-plucking among even marginally intelligent newspaper editors.

Cee Lo, if you want a colourful companion that speaks in near gibberish, we suggest an intern.



The hips don't lie: is singer Shakira pregnant?

While Shakira has steadfastly denied reports that she and soccer player boyfriend Gerard Pique are expecting, her dad may have just blown her cover.

"Hopefully the news will be made official soon," William Mebarak said in an interview with *La Prensa* when asked about the singer's rumoured pregnancy.

Whether or not there's a grandkid on the way, Mebarak is at least pleased with his daughter's new man: "The happiness of our daughter is reflected in us too and we are very happy," he said. "(Pique) is a valuable young man."



Justin Bieber. ALL PHOTOS GETTY IMAGES

Bieber, One Direction collaboration could be in the cards

Rather than start a rivalry with new teen pop sensation One Direction, Justin Bieber is apparently making friends.

"The One Direction guys are great. We have a lot of fun whenever we hang out. They came over to my house

and we were just chilling out around the pool and listening to music," Bieber says in an interview with BBC Radio.

"We were talking about me collaborating with them on a song on their next album. It's gonna be great."

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3

LIFE

Women and work

Magazine piece strikes chord

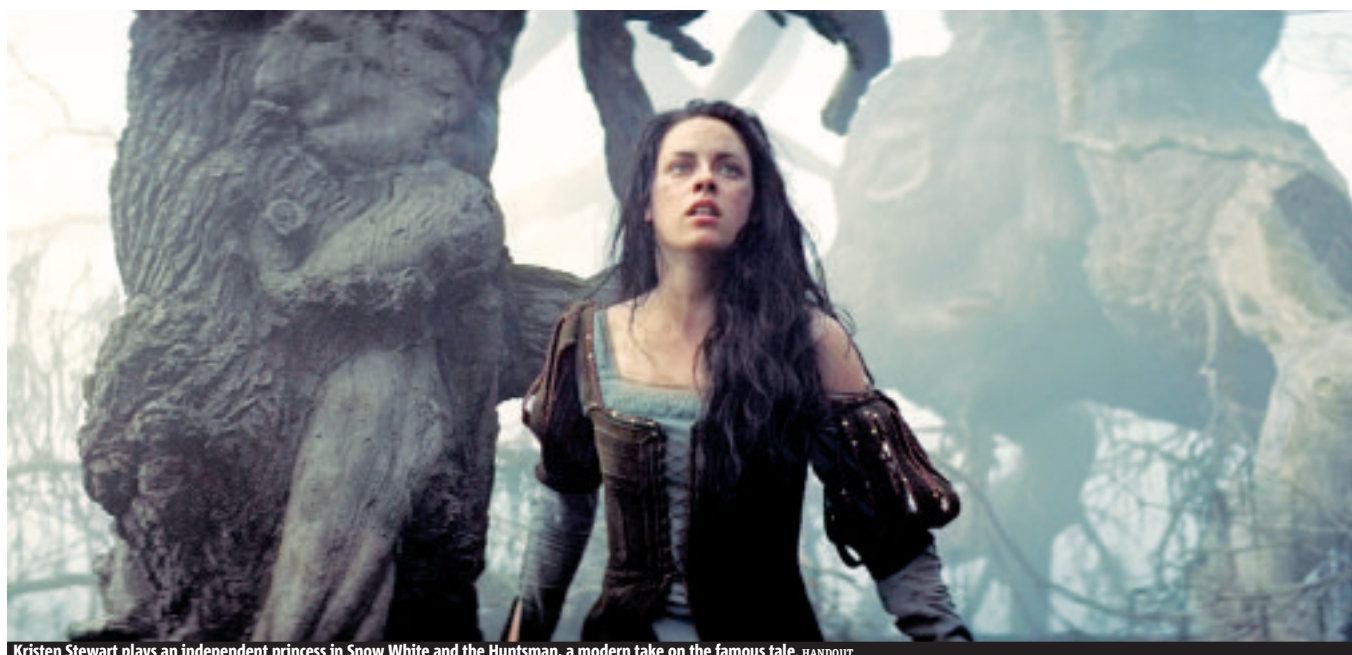
A first-person lament by a former State Department official on Why Women Still Can't Have It All has attracted more visitors to The Atlantic magazine website in a 24-hour period than any magazine story the site has ever published. The piece by Anne-Marie Slaughter described her struggles balancing a high-powered career with raising her two sons. Clicks were "approaching 450,000 uniques," magazine spokeswoman Natalie Raabe said Friday, citing data from Omniture. The piece also had more than 75,000 Facebook recommendations, not counting the links posted on individual Facebook pages, where friends engaged in debate about work-life balance. "I knew this was going to resonate," said Slaughter in a phone interview, but "I did not expect it to go viral quite this fast."

THE ASSOCIATED PRESS

On the Web



Who needs a lab when you have a kitchen? New books aim to suss out the science of home cooking



Kristen Stewart plays an independent princess in *Snow White and the Huntsman*, a modern take on the famous tale. HANDOUT

Cinderella syndrome gets turned on its head

Modern makeover.
New movie princesses want more than a prince; they want independence

For modern movie princesses, looking pretty and marrying a prince aren't enough.

Take *Mirror Mirror*, where Snow White rescues her prince from an evil spell, or *Snow White and the Huntsman*, where she becomes the hunter who avenges her father, marries none of her suitors and confidently runs her kingdom alone.

Further upending the Cinderella syndrome at a theatre near you this weekend is Pixar's first-ever female protagonist, the feisty Scottish Princess Merida of *Brave*, who demands to forge her own independent future. She's also a far better shot than any of her would-be princes.

This new breed of big-screen princess not only reflects the independence — and athleticism — of young women today, but also Hollywood's increasing willingness to tell their stories.

The success of *Bridesmaids*, *The Girl With the Dragon Tattoo* and *The Hunger Games* showed us that audiences respond to well-drawn heroes, regardless of their gender, thus setting the stage for the classic literary convention of the princess to get a modern makeover.



Princess Merida, voiced by Kelly Macdonald, is the main character of the Disney/Pixar film *Brave*. HANDOUT

"It is time for a new paradigm," said Brave producer Katherine Sarafian. "We've got an opportunity to make more characters that are relatable to modern girls" and audiences at large.

These empowered young princesses point to a gradual undoing of the so-called Cinderella syndrome or Cinderella complex, a theory developed in the early 1980s that says that, like Cinderella, many women seek something external — such as a rich and handsome prince — to change their lives

and harbour a deep desire for dependence.

"It's not enough for women in the 21st century just to sit around and wait and be pretty," said Karen Sternheimer, a professor of sociology at the University of Southern California.

"An empowered heroine encountering a challenge reflects the whole mythology of individualism. What's new is the means of achieving success. It used to be through beauty or marriage only. That hasn't gone away, but now it can also be through a skill or encoun-

tering a challenge that traditionally we've heard in stories about men."

In developing Princess Merida's story in *Brave*, Pixar writers and artists thought more about character than gender, Sarafian said. They considered Merida's motivations, her frustrations and what makes her brave.

"If you focus on her being a girl, it's easy to get stuck in the trappings and rules and what a princess movie dictates," the producer said. "We strip out gender, princess, fairy tale and

A New Hope?

- Rupert Sanders, the director of *Snow White and the Huntsman*, which was released earlier this month, said the heroic journey of his princess (played by Kristen Stewart) makes her "almost the female Luke Skywalker."

just focus on character."

Merida, voiced by Kelly Macdonald, is a headstrong teenager in 12th century Scotland with a mane of fiery red curls and a temperament to match. Though her mother lovingly prepares her for her royal role, the young princess is more interested in sword fighting, archery and riding her horse through the forest. When she blatantly defies an ancient tradition, she jeopardizes the future of her family and the kingdom.

"The story is not about the circumstances surrounding her," Sarafian said. "She makes the core decision that throws things off. ... and it's not something else really saving her. Even though there is a little magic in the story, she is really the driving force."

And she does it all in a dress.

"Merida is not trying to pass herself off as anything other than a girl," the producer said. "She just wants to be her own person."

THE ASSOCIATED PRESS

Berry-licious. Chicken and strawberry salad topped with berry-yogurt dressing



This recipe serves four. THE CANADIAN PRESS/HANDOUT

This lean but satisfying salad uses local ingredients and is topped with a yogurt and strawberry dressing.

1. Place chicken on greased grill over medium-high heat; close lid and grill, turning once, until no longer pink inside, 12 to 15 minutes. Let rest for 5 minutes.

2. On each of 4 large salad plates, place 500 ml (2 cups) of the salad greens, 125 ml (1/2 cup) of the strawberries, 50 ml (1/4 cup) of the peas and 30 ml (2 tbsp) of the green onions.

3. Slice chicken breasts diagonally and place over salad. Drizzle with dressing.

Dressing: In a food processor, combine strawberries, yogurt, honey

and vinegar; process until smooth, scraping down sides. Cover and refrigerate until using.

THE CANADIAN PRESS/FOODLAND ONTARIO

Ingredients

- 4 boneless, skinless chicken breasts (each 175 g/6 oz)
- 8 cups mixed salad greens (romaine, red and green leaf lettuce, spinach, arugula)
- 2 cups local strawberries
- 1 cup fresh shelled peas, cooked
- 1/2 cup chopped green onions or chives

Dressing:

- 3/4 cup sliced local strawberries
- 1/2 cup non-fat plain yogurt
- 2 tablespoons liquid honey
- 5 teaspoons white or red balsamic vinegar

Tangy chicken salad perfect for summer

Like many summer favourites, chicken salad has all the makings of a refreshing, light meal, especially when it's mayonnaise free.

1. Heat the grill to medium-high.
2. Place the chicken breasts between sheets of plastic wrap. Using a meat mallet or rolling pin, pound the meat to an even 1/2 inch thickness. Season with salt and black pepper.
3. Soak a crumpled paper towel with the oil. Clasp the paper towel with tongs, oil

the grates of the grill. Grill the chicken breasts for 4 minutes per side, or until the chicken is cooked through and reaches 165 F. Set aside to cool, then cut into small chunks.

4. In a large bowl, combine the berbere with the yogurt, Peppadew peppers, fennel, grapes, almonds and the cooled chopped chicken. Mix well, then season with salt and pepper.

5. Fill each pita pocket with a quarter of the salad greens, then spoon some

of the chicken salad into it.

ALISON LADMAN/THE ASSOCIATED PRESS

Ingredients

Start to finish: 45 minutes

- 1 pound boneless, skinless chicken breasts
- Salt and ground black pepper
- Canola or vegetable oil
- 1 to 2 teaspoons berbere seasoning
- 5.3 ounce container non-fat plain Greek yogurt

- 1/2 cup chopped Peppadew peppers
- 1/2 bulb fresh fennel, trimmed and diced
- 1 cup red grapes, halved
- 1/4 cup slivered, toasted almonds
- 4 small whole-grain pita pockets
- 2 cups salad greens

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While places like Boston Pizza offer fun pasta variations, some of them contain mega amounts of sodium, calories and fat.

Boston Pizza Baked Chipotle Bacon Penne

1430 cal / 88 gm fat / 2740 mg sodium

The Alfredo sauce, excess cheese and bacon is what gives you a day's worth of calories, fat and two days' worth of sodium. Heart attack on a plate?



Boston Pizza Homestyle lasagna

930 cal / 30 gm fat / 2280 mg sodium

The meat sauce and cheese in this traditional lasagna is a healthier option, but still high in sodium



Equivalent

Equivalent to 9 penne bolognese from Pizza Pizza in fat.

Queen of Green

Don't sleep on these tips

QUEEN OF GREEN
Lindsay Coulter
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Where can I recycle my mattress? Melissa of Toronto

Old mattresses have been dumped in city landfills for years. Yet all of the materials in them are recyclable. Today, few cities offer recycling options but it's still worth searching for a municipal

program, a private recycler, or asking retailers.

In the greater Toronto area, check out RecoverCanada.com. They accept mattresses, box springs, and upholstered furniture for pickup or at drop-off depots — both have a fee. About 90 per cent of the materials can be diverted from the waste stream.

Across Canada, Sleep Country stores will donate any mattress in good condition to a local charity, or they'll have it recycled. Ask about the "green" fee for this service. And, before you purchase any new mattress,

always ask the retailer — no matter how big or small — if they'll recycle your old one.

Recently the City of Vancouver passed a bylaw prohibiting mattresses from being sent to landfills. Canadian MattressRecycling.com opened in Metro in January, 2011. They offer weekly residential pickup programs in Vancouver, Burnaby, Richmond, Surrey, Delta, Langley, the North Shore, and the Tri-Cities area.

Another option in Western Canada — from Victoria to Edmonton — is MattressRecycling.ca. Check their website for drop-off loca-

tions or pick-up pricing on mattresses, headboards, and couches.

In the Ottawa area, check out MattressMart.ca. They work with Montreal-based recycler MattCanada.com who'll pick up your old mattress set and ship it to their factory. Each piece costs \$70, but if you're a customer it's only \$10. Montrealers can also recycle box springs, mattresses, couches/arm chairs and clothing, among other things, for a fee.

If you live in Halifax or Winnipeg, unfortunately, neither city has mattress recycling programs.



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Fuel efficiency.

How Canadians are travelling further with a few simple changes to their driving routine

BEN KNIGHT
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Halifax to Vancouver, 6,339 km, on less than five tanks of gas.

That's the record-setting result of Shell Canada's Smarter Driver Challenge, where a team of drivers spent last week making the most fuel-efficient cross-continent drive on record.

"Saving fuel saves you

money, saves you stress, and is a safer way to drive," says Lindsey McAndrews, a communications rep for Shell.

"Fuel efficiency is now the number-one concern of Canadian car-buyers. It's what people go into dealerships and ask for the most."

The drive was the brainchild of John and Helen Taylor, who have earned a global reputation as the world's most fuel-efficient couple. After arriving in Vancouver on Friday, they now hold 93 different world records for covering more distance on less gas.

The Taylor's team of drivers included Alex Debo-gorski of TV's Ice Road Truckers and officials from such environmental watchdogs as Pollution Probe and the

Pembina Institute.

Driving a well-tuned 2012 Volkswagen Passat, they needed only 5.59 litres of regular gas to cover each 100 km. The total fuel bill, Atlantic to Pacific? Just \$453.

There was no special equipment involved. Just good maintenance, and a few canny driving tips.

"Don't speed," McAndrews says. "You lose 22 per cent of your fuel economy between 100 and 110 km/hour. Use really steady, gentle pressure on the gas pedal. Leave a nice space cushion between yourself and the car in front of you, so it's safer driving."

Leaving space in front means you don't have to use your brakes nearly as often. And that leads to significant fuel savings, as well.

"With almost no practice, the average person can see a 10-per-cent improvement in their fuel efficiency, just by being conscious of not being a lead-foot. That means you're saving at least 12 cents a litre."

There are other, more subtle benefits as well.

"You're never stressed out," McAndrews notes. "You know where you're going, and you're calm. You're not flooring the gas on every stop light. You're not riding people's bumpers."

And now that the record's been set?

"Once someone sets a record, people want to break it," she concludes.

And no one can do that, without driving smarter, better and cleaner.

No 'I' in TeamBuy

Company can-do.
25-year-old mogul an
inspiration to young
entrepreneurs



**THE IN-CREDIBILITY
FACTOR**
Teresa Kruze
life@metronews.ca

When Edward Yao's older sister graduated from Yale and went on to become a lawyer, he thought about his future.

"I wanted to be the bread winner for the family that they could rely on and be proud of. The only way to surpass her was if I started my own company."

It was on a trip to China with his Mom that he found his

inspiration. A crowd of people were lining up at a TV store.

"I was told it was 'Tuangou' which is Mandarin for team buying. You get people together to get a discount and it's a big thing in China."

He convinced childhood friend Andrew Hutchings to become his partner and they went to work creating TeamBuy.

"Today we're operational

coast to coast," says the now 25-year-old. "From baby supplies to travel, you name it, we have it. Our run rates exceed 30 million dollars annually. We have just over 100 people and we are happier than ever."

Edward, his sister, Mom and Dad have a lot to smile about these days.

"My family is extremely proud."



Edward Yao, TeamBuy president and co-founder and 2012 ACCE (Association of Chinese Canadian Entrepreneurs) award-winner for best start up. PROVIDED

Learning a lesson in lean



Time will tell if introducing health-focused education into schools might help to kick North America's obesity epidemic. ISTOCK

Curves in the classroom. Higher-ups of health agree that obesity education should be mandatory for young learners

The American Medical Association has put its weight behind requiring yearly instruction aimed at preventing obesity for public schoolchildren and teens.

The nation's largest physicians group agreed last week to support legislation that would require classes in causes, consequences and prevention of obesity for first through 12th graders.

Doctors will be encouraged to volunteer their time to help with that under the new policy adopted on the final day of the AMA's annual policy-making meeting.

Another new policy adopted Wednesday says the AMA supports the idea of using revenue from taxes on sugar-sweetened sodas as one way to help pay for obesity-fighting programs. But the group stopped short of fully endorsing such taxes.

Some doctors think soda taxes would disproportionately hurt the poor and disadvantaged. Others said taxes shouldn't be used to force people to make healthy decisions they should be making

on their own.

Doctors at the meeting shared sobering statistics and personal stories in urging the AMA to sharpen its focus on obesity prevention.

"I can't tell you the number of 40-pound one-year-olds I see every day," Dr. Melissa Garretson, a Stephenville, Texas pediatrician, told the delegates before Wednesday's vote. She said requiring obesity education "is a great idea."

The measure was drafted by the AMA's Pennsylvania delegation. It cited data showing that more than 300 million people worldwide are obese and said requiring nutrition education to prevent obesity has never been proposed.

Obesity affects more than one-third of U.S. adults and almost one in five children, or more than 12 million kids.

Recent evidence suggests those numbers may have stabilized, but doctors say that's small consolation when so many people are still too heavy.

Excess weight is strongly linked with diabetes, heart disease and some cancers, and weight loss of just five per cent can help improve health, the Pennsylvania doctors' measure said.

Dr. Bruce Wilder, a delegation member, said he will ask Pennsylvania legislators to introduce legislation to enact that requirement in schools.

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4

SPORTS

Golf

"To be honest, I wasn't that nervous. I think with something like what's happened to my family and me the last four weeks, nothing really seems that difficult anymore."

England's Melissa Reid, who won the Prague Golf Masters in Czech Republic on Sunday, four weeks after her mother was killed in a car accident in Germany

"It will make me fight and nothing will seem as bad as what I've been through, so yeah, I actually felt very calm and I knew I was going to hole the putt on 18."

Melissa Reid
THE ASSOCIATED PRESS

On the web

Spain has varied tactics at Euro 2012, fielding either a six-man midfield or a lone striker, in part as a way to trip up opponents. Some teams have tried to adjust their tactics to cope with the Spaniards, but not so for the Portuguese. Scan the code to find out how Portugal plans to win its semifinal on Wednesday.



Gianluigi Buffon of Italy saves a penalty taken by Ashley Cole of England during the Euro 2012 quarter-final Sunday in Kiev, Ukraine. LAURENCE GRIFFITHS/GETTY IMAGES

Italy claims the spoils on penalties

Euro 2012. Another penalty shootout loss for England at a major tournament

After two hours of clever, often dominating but in the end fruitless play, Italy found the answer against England.

Penalty kicks.

Alessandro Diamanti scored the decisive kick on Sunday to send Italy through to the European Championship semifinals with a 4-2 win in the shootout following a 0-0 tie with England.

Italy will next play Germany in the semifinals on Thursday in Warsaw. Defending cham-

pion Spain plays Portugal on Wednesday in Donetsk, Ukraine.

"We deserved this victory," Diamanti said. "The penalties rewarded our dominance during the match. It's only fair, we played a great match and battled from the first to the last minute."

But not until penalties by Mario Balotelli, Andrea Pirlo — with an audacious slow chip-shot down the middle of the goal — and Antonio Nocerino did the Azzurri find the net. Steven Gerrard and Wayne Rooney scored England's penalties.

The difference: Ashley Young hit the crossbar with England's third, and Ashley Cole's attempt was saved by Gianluigi Buffon.

For England, it was yet another exit from a major tournament in the quarter-finals after a penalty shootout. England lost to Portugal in the same manner at Euro 2004 and the 2006 World Cup.

England briefly led the shootout after Riccardo Montolivo missed Italy's second penalty. His shot went wide of Joe Hart's right post as the England goalkeeper guessed correctly.

The momentum shifted after Pirlo's bold piece of skill levelled it 2-2.

"I just saw that the goalkeeper was moving a bit earlier so I decided to play it the other way," Pirlo said. "It just comes to you at that moment and it went well." **THE ASSOCIATED PRESS**

England's curse

It was the same old penalties heartache for England. This time, though, there was no hard-luck story to accompany the loss.

- Defeat to Italy in the European Championship quarter-finals made it six losses in seven tournament shootouts.
- England coach Roy Hodgson said: "We weren't quite good enough to win it over 120 minutes. Penalties is the same road we have been down before."

Women's basketball

Canadian women aim for Olympics

The national women's basketball team begins its final qualification tournament for the London Games on Monday, not a moment too soon for the women trying to get Canada back to the Olympics for the first time since 2004 in Athens.

Canada joins 11 other teams in Ankara, Turkey, in pursuit of five berths at the London Games.

TORSTAR NEWS SERVICE

Horse racing

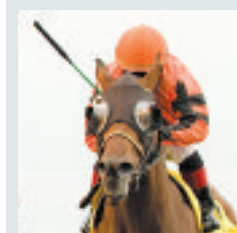
Strait of Dover victorious at Queen's Plate

Strait of Dover led from the wire to claim the 153rd running of the \$1-million Queen's Plate on Sunday.

Jockey Justin Stein led his horse to the lead from the start, then held on to win the opening leg of the Triple Crown in an unofficial track-record time of 2:01.99 in a light rain over the 1 1/4-mile race on the Woodbine polytrack.

Fillies Irish Mission and Dixie Strike were second and third, respectively, in the 14-horse field of North America's oldest continuously run stakes race.

THE CANADIAN PRESS



Jockey Justin Stein atop Strait of Dover **TORSTAR NEWS SERVICE**

NHL

CBA on agenda as players meet

The posturing is beginning and the prospect of an NHL lockout is looming.

More than 50 NHL players — team reps and alternates — are expected to descend on Chicago for three days starting Monday to sort out the union's issues and positions in advance of collective bargaining, set to start "imminently," according to both sides.

At the draft over the weekend in Pittsburgh, commissioner Gary Bettman sounded upbeat ahead of negotiations.

TORSTAR NEWS SERVICE

CFL. Defensive back Frazier among final cuts made by Roughriders

Transition into a coach

Saskatchewan also put offensive tackle Dan Goodspeed on the nine-game injured list. The Roughriders are going to start moving Goodspeed into a coaching role.

The Saskatchewan Roughriders released veteran defensive back Lance Frazier as the final cuts were made at training camp.

The 31-year-old was one of 22 Riders released Sunday.

Frazier spent all six of his CFL seasons in Saskatchewan and was a regular in the team's defence after a break-out year in 2008.

The five-foot-10, 192-pound West Virginia native had 159 tackles, one sack, 15 interceptions, one touchdown and four fumble recoveries with the Riders.

Last season Frazier, who was named a West Division all-star in 2009, failed to register an interception for the first time since his rookie season. **THE CANADIAN PRESS**

Tennis. Raonic feeling more confident on grass

Milos Raonic is doing all he can to prepare for the Wimbledon grass that he injured himself on last year.

The Thornhill, Ont., native had an abrupt end to his Wimbledon campaign when he slipped early in his second-round match and had to retire with a painful right hip injury.

This year, Raonic said only the rain has given him pause as he prepares for his first match Tuesday against No. 45 Santiago Giraldo of Colombia.

"I didn't think about it too much," he said. "Only when it would rain a little bit or if it was wet, we would sort of practise a little bit more cau-



Milos Raonic **GETTY IMAGES**

tiously. Outside of that, when the court conditions are how they should be, there were no second thoughts."

Raonic has been training at Wimbledon since last Monday and feels prepared despite some chilly, rainy weather.

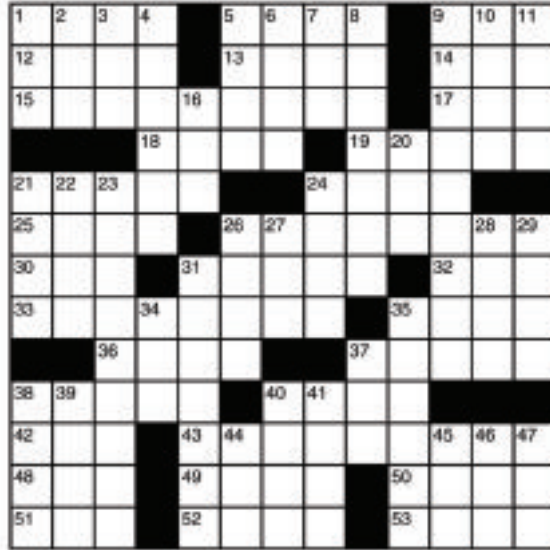
THE CANADIAN PRESS

Across

- 1 Variety of nail
5 Mop the decks
9 Paving goo
12 "Othello" villain
13 — Major
14 Colouration
15 Shrink, maybe
17 Historic time
18 Atomizer output
19 Early feeding time
21 Change
24 Scoff
25 Comedian Jay
26 Suitor's task
30 Eisenhower
31 Stocks and —
32 Menagerie
33 Mess
35 Alpha follower
36 Related (to)
37 West Point student
38 Crouch
40 LummoX
42 "— Town"
43 Quarterback employed by ESPN
48 Actress Lucy
49 Lounge about
50 Vicinity
51 Harvest goddess
52 Congers, e.g.

53 Mr. Gingrich

- Down
1 Morsel
2 "Go, team!"
3 Time of your life?
4 Window in a roof
5 Dines
6 Legal document
7 Ninny
8 They're up for the game
9 Speculated
10 Emanation
11 Paper quantity
16 Melody
20 Damp
21 Surrounded by
22 Mischievous deity
23 Roget's compilation
24 Punch's partner
26 Maize
27 — shoestring
28 Memo
29 Capricorn
31 Easily crumbled
34 Alias abbr.
35 Pub worker
37 Lettuce type
38 How Lindy flew
39 Witticism
40 Telephone inventor
41 Rembrandt's output



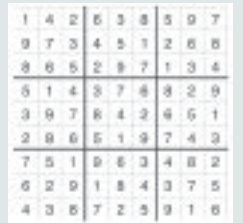
- 44 Weeding implement
45 Exist
46 Fresh
47 Singer Cole



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's Sudoku



Friday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

J VWL K H K L ' T L W K P Z N
B Y A A H W G V K M Y B W P T K Z Z
H D T T W G D F . N A D H M B V P
T K N V W ' T L A J G W - F K Y P W G .
Yesterday's Cryptoquip: IF I MAKE AN ERROR
ABOUT THE KIND OF BLOOD SOMEBODY HAS, I
RECKON IT COULD BE A TYPE-O TYPO.
Today's Cryptoquip Clue: V equals H



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Horoscope

♈ Aries | March 21 - April 20.

You may be full of confidence right now but watch out you don't take too much for granted.

♉ Taurus | April 21 - May 21.

You will gain a lot more respect over the next few days if you deal with those who disagree with you quickly and with a touch of ruthlessness.

♊ Gemini | May 22 - June 20.

You may be tempted to cut corners and hope no one notices but the planets warn they will — and your reputation will quickly head south.

♋ Cancer | June 21 - July 22.

According to the planets you have allowed your standards to slip in recent months, but Saturn, the great taskmaster of the zodiac, will in some way force you to up your game.

♌ Leo | July 23 - Aug. 22. You are thinking too hard about a problem that is quite simple in nature.

♍ Virgo | Aug. 23 - Sept. 22. For some reason you've got it into your head that someone you have to deal with on a day-to-day basis is not to be trusted.

♎ Libra | Sept. 23 - Oct. 22.

Saturn turns direct in your birth sign today, which means you will no longer be able to kid yourself that everything in your garden is rosy.

♏ Scorpio | Oct. 23 - Nov.

21. Whatever you say there always seems to be someone who chooses to disagree with you. It's annoying but you must not let it get to you

♐ Sagittarius | Nov. 22 - Dec.

21. Are you expecting too much of yourself? Maybe, but it's better than

expecting too little.

♑ Capricorn | Dec. 22 - Jan 20.

Each and every person is born with a special talent. Do you know what yours is? If not this is the perfect time to find out.

♒ Aquarius | Jan. 21 - Feb 18.

The situation you find yourself in today may be difficult but you won't make it any easier by allowing your emotions to take control. Use your head and you will get through okay. You may be one of the few who do.

♓ Pisces | Feb. 19 - March 20.

For too long you have believed that your options are limited and that there is only so much you can accomplish. Today's events will encourage you to believe the opposite: that there is nothing in this world that is beyond you.

SALLY BROMPTON



Caption Contest

"I see Lady Gaga is working her sunny side up egg look."
Joseph

ALASTAIR GRANT/THE ASSOCIATED PRESS

Win!



You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

Sharability



easy

hard

SAHEL FOOD CRISIS URGENT HELP NEEDED



**HUMANITARIAN COALITION
members are on the ground
providing immediate relief to
suffering children and their families.**

A deadly and expanding hunger crisis across Africa's Sahel region threatens to claim the lives of millions of children and their families throughout Niger, Mali, Burkina Faso, Mauritania, Gambia, Senegal and parts of Nigeria and Cameroon.

**Your immediate help is needed to save lives.
Please give now!**

Your gift today will help rush food, clean water, shelter and medical supplies to devastated children and families fighting for survival.



Here is what your donation can do:

\$50 = Milk to treat a severely malnourished child for three weeks

\$100 = Feed a mother and child for five months

\$250 = Feed five families for six weeks



**HUMANITARIAN
COALITION**

Together saving more lives



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